

Six evening prayer options for Catholic families • Prayers for Catholic kids

Children's Bedside Prayer

Bless me, Lord, as this day ends,
Bless my family and all my friends,
Keep me safe throughout the night,
and wake me with the morning's light

Now I Lay Me Down to Sleep

Now I lay me down to sleep,
I pray the Lord my soul to keep.
Angels watch me through the night,
And wake me with the morning light.

Canticle of Mary (Magnificat)

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.

Canticle of Simeon

Lord, now you let your servant go in peace;
your word has been fulfilled.
My eyes have seen the salvation
you have prepared in the sight of every people,
a light to reveal you to the nations and the glory of your
people, Israel.

An Evening Family Prayer (Robert Louis Stevenson)

Lord, behold our family here assembled.
We thank you for this place in which we dwell,
for the love that unites us,
for the peace accorded to us this day,
for the hope with which we expect the morrow;
for the health, the work, the food and the bright skies
that make our lives delightful;
for our friends in all parts of the earth.

Amen.

Phos Hilaron

O radiant light, O sun divine
of God the Father's deathless face,
O image of the light sublime
that fills the heav'nly dwelling place.

Lord Jesus Christ, as daylight fades,
as shine the lights of eventide,
we praise the Father with the Son,
the Spirit blest and with them one.

O Son of God, the source of life,
praise is your due by night and day;
unsullied lips must raise the strain
of your proclaimed and splendid name.

For more family prayers, get [*The Catholic Family Book of Prayers*](#).